





## A Meal Program for Older Adults living in the RM of Macdonald

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 <b>La Salle @11:45</b> Butter Chicken	3	4 <b>Starbuck @11:45</b> Chicken Pot Pie	5 <b>Sanford @11:45</b> Meatloaf	6	7
8	9 La Salle @ 11:45 Hamburger Steak	10	11 <b>Starbuck @11:45</b> Smothered pork chops	12 <b>Sanford @11:45</b> Liver n Onions	13	14
15 Father's Day	16 <b>Brunkild@ 11:45</b> Lemon Chicken	17	18 <b>Starbuck @ 11:45</b> Liver n Onions	19 Sanford @ 11:45 Chicken Pot Pie	20	21
22	23 <b>La Salle @ 11:45</b> Chicken Pot Pie	24	25 <b>Starbuck @11:45</b> No Meal	26 <b>Sanford @ 11:45</b> No Meal	27 Summer BBQ at Morning Sound Farm 11 – 2 Sign	28
29	30 <b>La Salle @ 11:45</b> Soup and Sandwich				up in advance	

Please call Leanne at 204-736-2255 to sign up no later a couple days before each week's meals.

We will try to accommodate special dietary requests.

Menu subject to change.

Please call ahead to confirm. \$10 per person